

# Effective String Theory in a Tank

**Riccardo Penco**

Columbia University

in collaboration with

Alberto Nicolis + Bart Horn

arXiv: 1507.05635

Rutgers University

9.15.2015

# Effective String Theory in a Tank

**Riccardo Penco**

Columbia University

in collaboration with

Alberto Nicolis + Bart Horn

arXiv: 1507.05635

Rutgers University

9.15.2015

# Superfluids in a Nutshell

- **Superfluid** = spontaneously broken U(1) at finite density
- Ground state  $|\mu\rangle$  minimizes  $H' = H - \mu Q$
- **Pattern:**

$$\left. \begin{array}{l} Q \\ H \\ K_i \end{array} \right\} = \text{broken}$$

$$\left. \begin{array}{l} H' = H - \mu Q \\ P_i \\ J_i \end{array} \right\} = \text{unbroken}$$

# Superfluids in a Nutshell

2 low-energy, model-independent features:

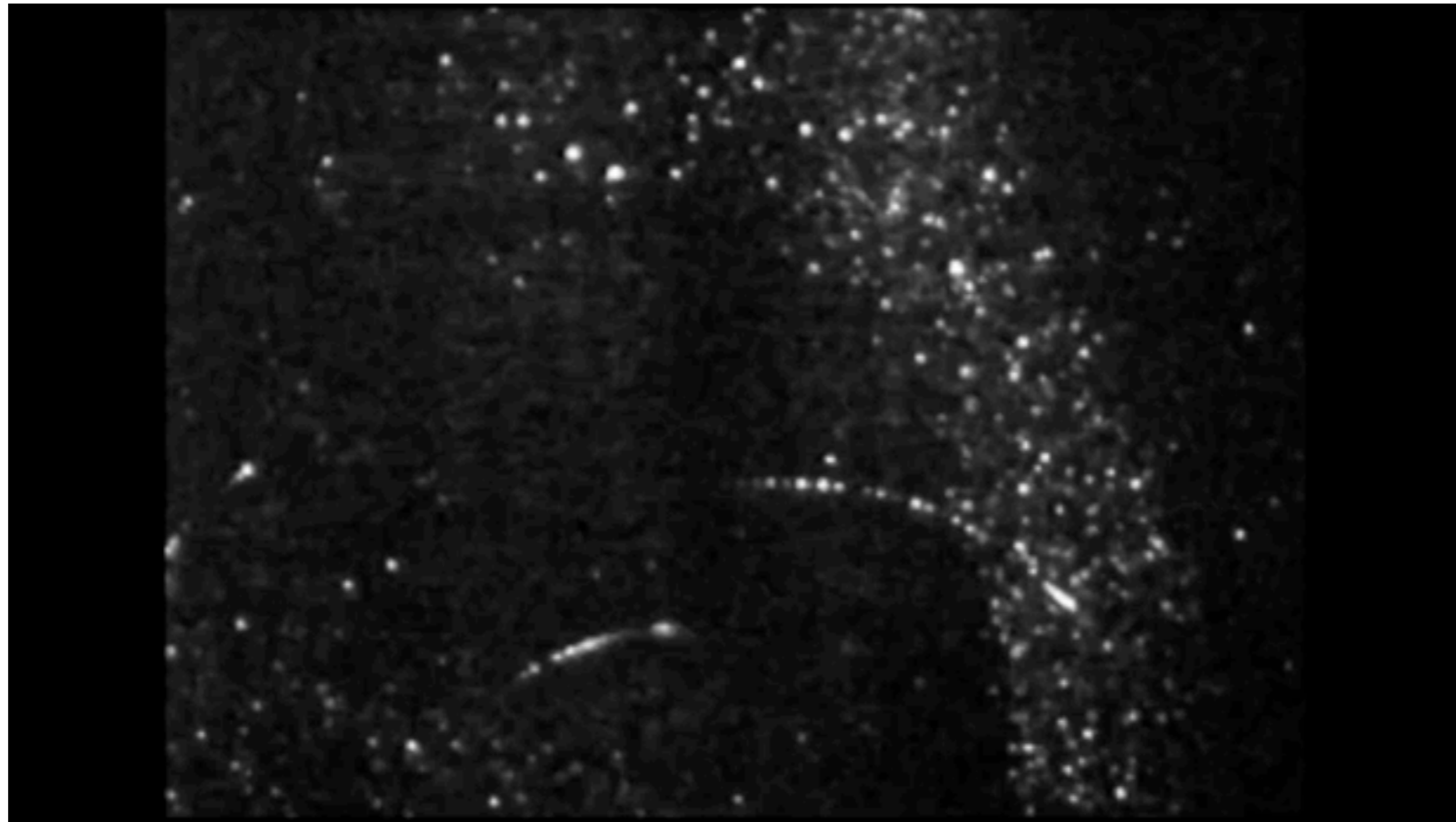
- **Goldstone boson:** phonon

$$\langle \Phi \rangle = \Phi_0 e^{-i\mu t}$$

- **Topological defect:** vortex line

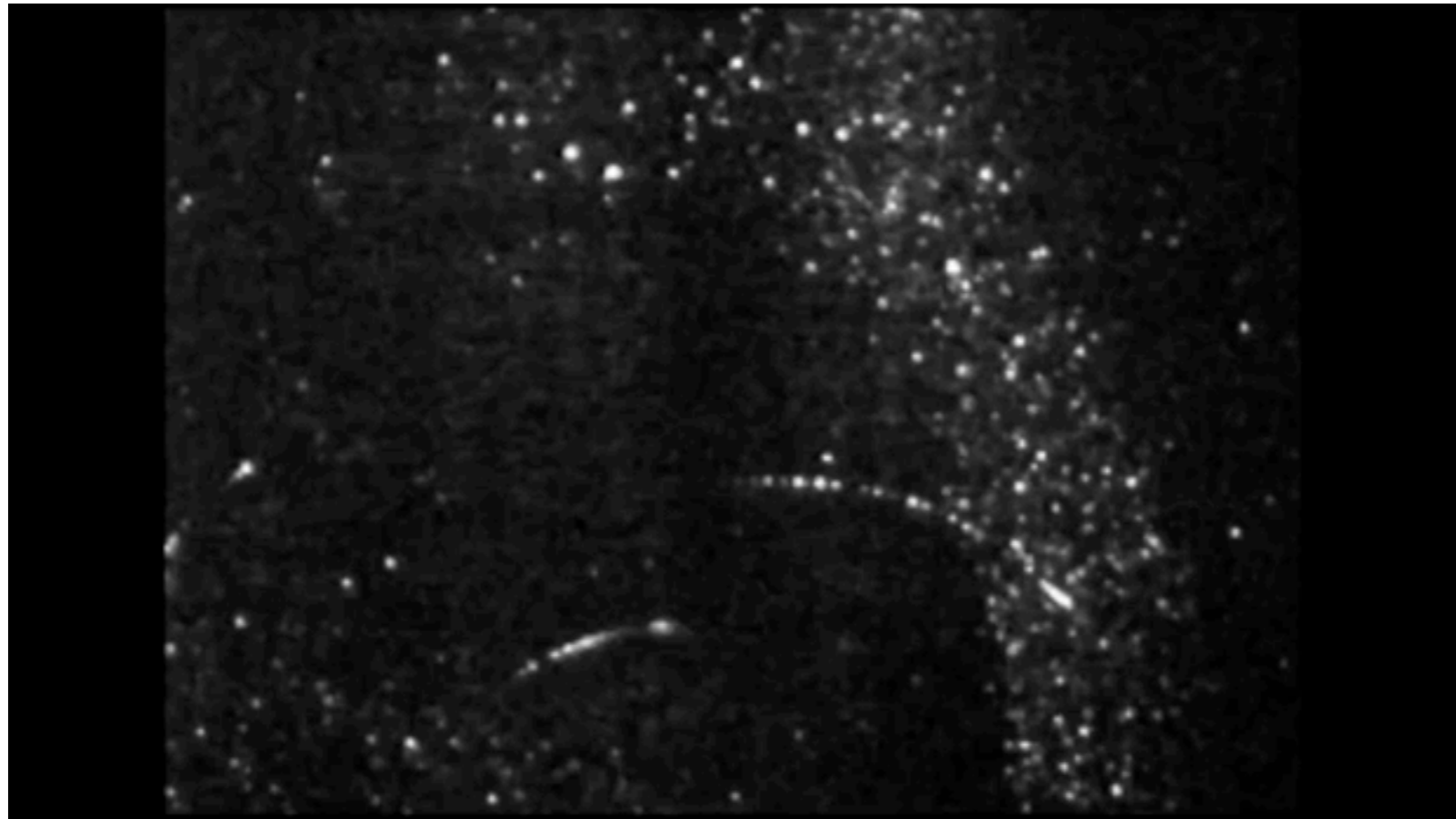
$$\Phi = f(r) e^{-i\mu t + in\theta}$$

# What we want to describe:



Despite appearances, vortices don't behave like usual strings.

# What we want to describe:



Despite appearances, vortices don't behave like usual strings.

# Outline

1. Phonons

2. Vortex lines

3. Formal aspects

4. Applications

# Outline

**1.** Phonons

**2.** Vortex lines

**3.** Formal aspects

**4.** Applications



# EFT of Goldstone

$$\Phi = \Phi_0 e^{-i\phi}, \quad \phi = \mu t + \pi$$

# EFT of Goldstone

- Phase of order parameter:

$$\Phi = \Phi_0 e^{-i\phi}, \quad \phi = \mu t + \pi$$

# EFT of Goldstone

- **Phase of order parameter:**

$$\Phi = \Phi_0 e^{-i\phi}, \quad \phi = \mu t + \pi$$

- **Effective Lagrangian:**

$$\mathcal{L} = P(X), \quad X = -\partial_\mu \phi \partial^\mu \phi, \quad \phi = \mu t + \pi$$

# EFT of Goldstone

- Phase of order parameter:

$$\Phi = \Phi_0 e^{-i\phi}, \quad \phi = \mu t + \pi$$

- Effective Lagrangian:

$$\mathcal{L} = P(X), \quad X = -\partial_\mu \phi \partial^\mu \phi, \quad \phi = \mu t + \pi$$

- Macroscopic quantities:

$$U_\mu = -\frac{\partial_\mu \phi}{\sqrt{X}}, \quad \rho = 2XP'(X) - P(X), \quad p = P(X)$$

# Goldstone = Phonon

Expanded Lagrangian:

$$\mathcal{L} = N \left\{ \dot{\pi}^2 - c_s^2 (\nabla \pi)^2 + \dots \right\}$$

$$\text{with } c_s^2 = \frac{P'}{P' + 2XP''} = \frac{\partial p}{\partial \rho}$$

$\pi$  describes compression waves, i.e. [phonons](#)

# Dual Description

$$\partial^\mu \phi \sim \epsilon^{\mu\nu\lambda\rho} \partial_\nu A_{\lambda\rho} \equiv F^\mu \quad \left\{ \begin{array}{l} A_{0i} = n A_i \\ A_{ij} = n \epsilon_{ijk} \left( -\frac{1}{3} x^k + B^k \right) \end{array} \right.$$

# Dual Description

- Dual 2-form field:

$$\partial^\mu \phi \sim \epsilon^{\mu\nu\lambda\rho} \partial_\nu A_{\lambda\rho} \equiv F^\mu \quad \left\{ \begin{array}{l} A_{0i} = n A_i \\ A_{ij} = n \epsilon_{ijk} \left( -\frac{1}{3} x^k + B^k \right) \end{array} \right.$$

# Dual Description

- Dual 2-form field:

$$\partial^\mu \phi \sim \epsilon^{\mu\nu\lambda\rho} \partial_\nu A_{\lambda\rho} \equiv F^\mu \quad \left\{ \begin{array}{l} A_{0i} = n A_i \\ A_{ij} = n \epsilon_{ijk} \left( -\frac{1}{3} x^k + B^k \right) \end{array} \right.$$

- Effective Lagrangian:

$$\mathcal{L} = G(Y), \quad Y = -F_\mu F^\mu$$



# Dual Description

- **Dual 2-form field:**

$$\partial^\mu \phi \sim \epsilon^{\mu\nu\lambda\rho} \partial_\nu A_{\lambda\rho} \equiv F^\mu \quad \left\{ \begin{array}{l} A_{0i} = n A_i \\ A_{ij} = n \epsilon_{ijk} \left( -\frac{1}{3} x^k + B^k \right) \end{array} \right.$$

- **Effective Lagrangian:**

$$\mathcal{L} = G(Y), \quad Y = -F_\mu F^\mu$$

- **Macroscopic quantities:**

$$U_\mu = -\frac{F_\mu}{\sqrt{Y}}, \quad p = G(Y) - 2Y G'(Y), \quad \rho = -G(Y)$$

# Dual Description

- Gauge invariance:  $A_{\mu\nu} \rightarrow A_{\mu\nu} + \partial_{[\mu}\xi_{\nu]}$
- Coulomb gauge:  $\partial_i A^{i\mu} = 0 \rightarrow \vec{\nabla} \cdot \vec{A} = 0, \quad \vec{\nabla} \times \vec{B} = 0$
- Propagators:

$$\vec{B} : \text{blue wavy line} = \frac{i}{\omega^2 - c_s^2 k^2} \hat{k}^i \hat{k}^j \quad \text{Phonon}$$

$$\vec{A} : \text{red dashed line} = \frac{i}{k^2} (\delta^{ij} - \hat{k}^i \hat{k}^j) \quad \text{Hydrophoton}$$

# Outline

1. Phonons

**2. Vortex lines**

3. Formal aspects

4. Applications

# EFT of Vortex Lines

# EFT of Vortex Lines

- Total action:  $S = S_{\text{bulk}} + S_{\text{worldsheet}}$
- Bulk:  $S_{\text{bulk}} = \int d^4x G(Y) + S_{\text{g.f.}}$  ,  $Y = -F^\mu F_\mu$
- Worldsheet:

**symmetries:** Lorentz + gauge + reparametrizations

# EFT of Vortex Lines

- Total action:  $S = S_{\text{bulk}} + S_{\text{worldsheet}}$

- Bulk:  $S_{\text{bulk}} = \int d^4x G(Y) + S_{\text{g.f.}}$  ,  $Y = -F^\mu F_\mu$

- Worldsheet:

**symmetries:** Lorentz + gauge + reparametrizations

**action:**  $S_{\text{worldsheet}} = \int d\tau d\sigma \lambda A_{\mu\nu} \partial_\tau X^\mu \partial_\sigma X^\nu + \dots$

# EFT of Vortex Lines

- Total action:  $S = S_{\text{bulk}} + S_{\text{worldsheet}}$

- Bulk:  $S_{\text{bulk}} = \int d^4x G(Y) + S_{\text{g.f.}}$ ,  $Y = -F^\mu F_\mu$

- Worldsheet:

**symmetries:** Lorentz + gauge + reparametrizations

**action:**  $S_{\text{worldsheet}} = \int d\tau d\sigma \lambda A_{\mu\nu} \partial_\tau X^\mu \partial_\sigma X^\nu + \dots$

*Nambu-Goto,  
right? No!*



# Bi-metric Theory

on the worldsheet

- Usual induced metric:  $g_{\alpha\beta} = g_{\mu\nu} \partial_\alpha X^\mu \partial_\beta X^\nu$
- 2nd induced metric:  $h_{\alpha\beta} = U_\mu U_\nu \partial_\alpha X^\mu \partial_\beta X^\nu$



# Bi-metric Theory

on the worldsheet

- Usual induced metric:  $g_{\alpha\beta} = g_{\mu\nu} \partial_\alpha X^\mu \partial_\beta X^\nu$
- 2nd induced metric:  $h_{\alpha\beta} = U_\mu U_\nu \partial_\alpha X^\mu \partial_\beta X^\nu$

0-derivative term in bigravity:  $\int d^D x \sqrt{-g} f(g^{\alpha\beta} h_{\beta\gamma})$

# Bi-metric Theory

on the worldsheet

- Usual induced metric:  $g_{\alpha\beta} = g_{\mu\nu} \partial_\alpha X^\mu \partial_\beta X^\nu$
- 2nd induced metric:  $h_{\alpha\beta} = U_\mu U_\nu \partial_\alpha X^\mu \partial_\beta X^\nu$

0-derivative term in bigravity:  $\int d^D x \sqrt{-g} f(g^{\alpha\beta} h_{\beta\gamma})$

$$S_{\text{worldsheet}} = \int d\tau d\sigma \left\{ \lambda A_{\mu\nu} \partial_\tau X^\mu \partial_\sigma X^\nu - \sqrt{-g} \mathcal{T}(g^{\alpha\beta} h_{\alpha\beta}, Y) \right\}$$

# Expanded Action

## Bulk

$$\mathcal{L}_{\text{bulk}} \rightarrow (\vec{\nabla} \times \vec{A})^2 + \dot{\vec{B}}^2 - c_s^2 (\vec{\nabla} \cdot \vec{B})^2 + (1 - c_s^2) \vec{\nabla} \cdot \vec{B} (\vec{\nabla} \times \vec{A})^2 + \dots$$

## Worksheet ( $\tau = X^0$ )

$$\mathcal{L}_{\text{worksheet}} \rightarrow n\lambda \left[ -\frac{1}{3} \vec{X} \cdot \dot{\vec{X}} \times \vec{X}' + \vec{A} \cdot \vec{X}' + \vec{B} \cdot \dot{\vec{X}} \times \vec{X}' \right]$$
$$+ |\vec{X}'| \left[ -T + T_{(10)} (\dot{\vec{B}} - \vec{\nabla} \times \vec{A})_{\perp} \cdot \dot{\vec{X}}_{\perp} + T_{(01)} \vec{\nabla} \cdot \vec{B} + \dots \right]$$

# Expansion Parameters

in superfluids

Lengths:  $a, r_c, l$

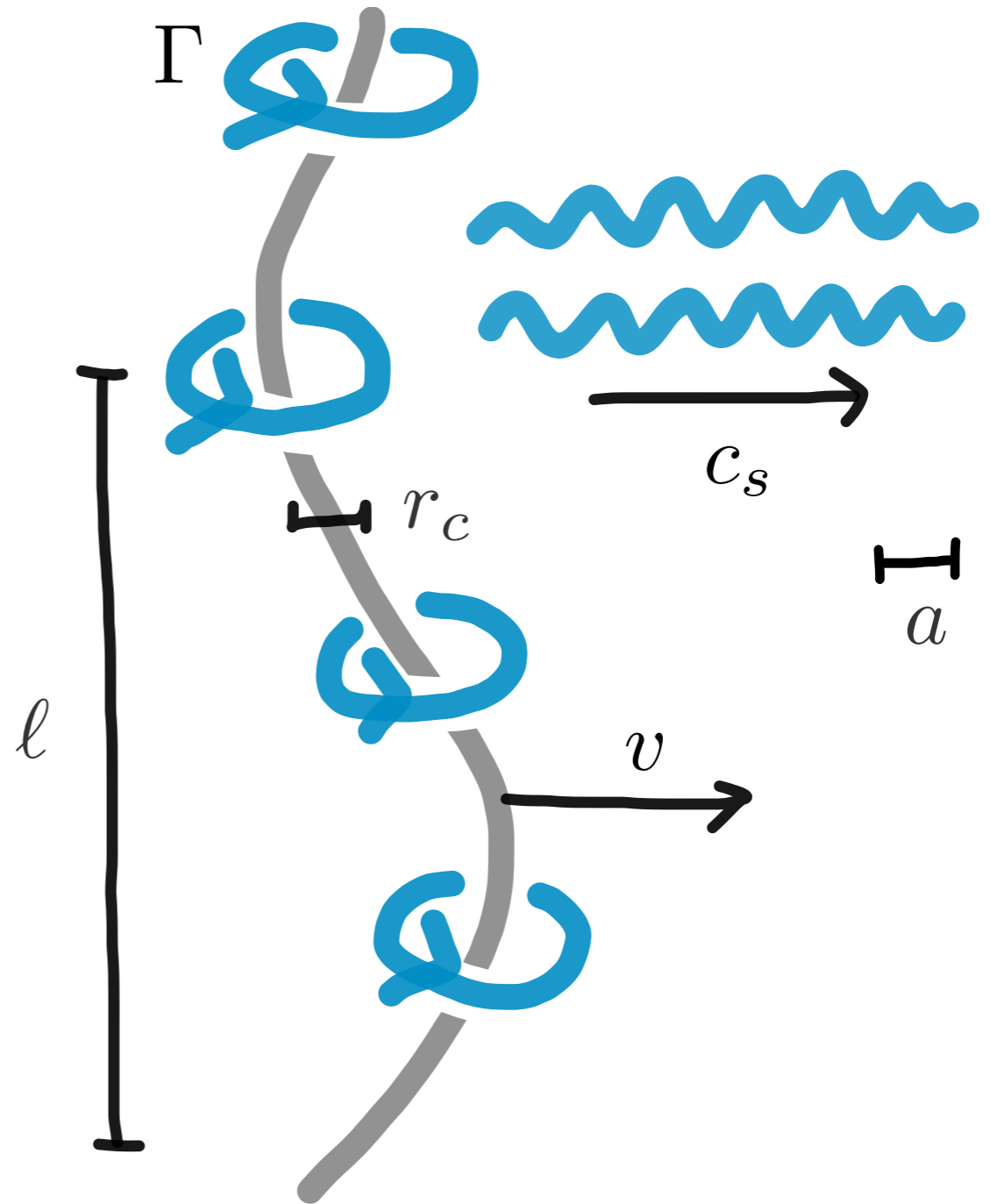
Velocities:  $v, c_s, c$

$$v \sim \frac{\Gamma}{l} \sim \frac{c_s a}{l},$$

$$r_c \sim a$$

→

$\frac{v}{c_s}, \frac{c_s}{c}$
--------------------------------



# Small-speed Approximations

# Small-speed Approximations

- Non-relativistic limit:  $c \gg c_s, v$

$$S_{\text{bulk}}^{\text{nr}} \rightarrow \int d^4x \left[ \frac{m n_{\text{nr}} \vec{u}^2}{2} - U(n_{\text{nr}}) \right] \quad \left\{ \begin{array}{l} n_{\text{nr}} = n(1 - \nabla \cdot \vec{B}) \\ \vec{u} = \frac{\dot{\vec{B}} - \vec{\nabla} \times \vec{A}}{1 - \vec{\nabla} \cdot \vec{B}} \end{array} \right.$$

$$S_{\text{worldsheet}}^{\text{nr}} \rightarrow \int dt d\sigma \left[ \lambda A_{\mu\nu} \dot{X}^\mu X^{\nu'} - |\vec{X}'| \mathcal{T}(|\dot{\vec{X}}_\perp - \vec{u}_\perp|, n_{\text{nr}}) \right]$$

# Small-speed Approximations

- Non-relativistic limit:  $c \gg c_s, v$

$$S_{\text{bulk}}^{\text{nr}} \rightarrow \int d^4x \left[ \frac{m n_{\text{nr}} \vec{u}^2}{2} - U(n_{\text{nr}}) \right] \quad \left\{ \begin{array}{l} n_{\text{nr}} = n(1 - \nabla \cdot B) \\ \vec{u} = \frac{\dot{\vec{B}} - \vec{\nabla} \times \vec{A}}{1 - \vec{\nabla} \cdot \vec{B}} \end{array} \right.$$

$$S_{\text{worldsheet}}^{\text{nr}} \rightarrow \int dt d\sigma \left[ \lambda A_{\mu\nu} \dot{X}^\mu X^{\nu'} - |\vec{X}'| \mathcal{T}(|\dot{\vec{X}}_\perp - \vec{u}_\perp|, n_{\text{nr}}) \right]$$

- Incompressible limit:  $c, c_s \gg v$

$$S \rightarrow \int d^4x \frac{1}{2} (\nabla \times A)^2 + \int dt d\sigma \left[ -\frac{n\lambda}{3} \vec{X} \cdot \dot{\vec{X}} \times \vec{X}' + n\lambda \vec{A} \cdot \vec{X}' - T |\vec{X}'| \right]$$

# Small-speed Approximations

- Non-relativistic limit:  $c \gg c_s, v$

$$S_{\text{bulk}}^{\text{nr}} \rightarrow \int d^4x \left[ \frac{m n_{\text{nr}} \vec{u}^2}{2} - U(n_{\text{nr}}) \right] \quad \left\{ \begin{array}{l} n_{\text{nr}} = n(1 - \nabla \cdot B) \\ \vec{u} = \frac{\dot{\vec{B}} - \vec{\nabla} \times \vec{A}}{1 - \vec{\nabla} \cdot \vec{B}} \end{array} \right.$$

$$S_{\text{worldsheet}}^{\text{nr}} \rightarrow \int dt d\sigma \left[ \lambda A_{\mu\nu} \dot{X}^\mu X^{\nu'} - |\vec{X}'| \mathcal{T}(|\dot{\vec{X}}_\perp - \vec{u}_\perp|, n_{\text{nr}}) \right]$$

- Incompressible limit:  $c, c_s \gg v$

$$S \rightarrow \int dt d\sigma \left\{ -\frac{n\lambda}{3} \vec{X} \cdot \dot{\vec{X}} \times \partial_\sigma \vec{X} - T |\partial_\sigma \vec{X}| - \frac{n^2 \lambda^2}{8\pi} \int d\sigma' \frac{\partial_\sigma \vec{X} \cdot \partial_{\sigma'} \vec{X}'}{|\vec{X} - \vec{X}'|} \right\}$$



# Small-speed Approximations

- Non-relativistic limit:  $c \gg c_s, v$

$$S_{\text{bulk}}^{\text{nr}} \rightarrow \int d^4x \left[ \frac{m n_{\text{nr}} \vec{u}^2}{2} - U(n_{\text{nr}}) \right] \quad \left\{ \begin{array}{l} n_{\text{nr}} = n(1 - \nabla \cdot B) \\ \vec{u} = \frac{\dot{\vec{B}} - \vec{\nabla} \times \vec{A}}{1 - \vec{\nabla} \cdot \vec{B}} \end{array} \right.$$

$$S_{\text{worldsheet}}^{\text{nr}} \rightarrow \int dt d\sigma \left[ \lambda A_{\mu\nu} \dot{X}^\mu X^{\nu'} - |\vec{X}'| \mathcal{T}(|\dot{\vec{X}}_\perp - \vec{u}_\perp|, n_{\text{nr}}) \right]$$

- Incompressible limit:  $c, c_s \gg v$

$$S \rightarrow \int dt d\sigma \left\{ -\frac{n\lambda}{3} \vec{X} \cdot \dot{\vec{X}} \times \partial_\sigma \vec{X} - T |\partial_\sigma \vec{X}| - \frac{n^2 \lambda^2}{8\pi} \int d\sigma' \frac{\partial_\sigma \vec{X} \cdot \partial_{\sigma'} \vec{X}'}{|\vec{X} - \vec{X}'|} \right\}$$

circulation  $\Gamma = n\lambda$   
( $\nabla \times v = \Gamma \delta$ )

# Outline

1. Phonons

2. Vortex lines

**3. Formal aspects**

4. Applications

# Expanded Action

## Bulk

$$\mathcal{L}_{\text{bulk}} \rightarrow (\vec{\nabla} \times \vec{A})^2 + \dot{\vec{B}}^2 - c_s^2 (\vec{\nabla} \cdot \vec{B})^2 + (1 - c_s^2) \vec{\nabla} \cdot \vec{B} (\vec{\nabla} \times \vec{A})^2 + \dots$$

## Worksheet ( $\tau = X^0$ )

$$\mathcal{L}_{\text{worksheet}} \rightarrow n\lambda \left[ -\frac{1}{3} \vec{X} \cdot \dot{\vec{X}} \times \vec{X}' + \vec{A} \cdot \vec{X}' + \vec{B} \cdot \dot{\vec{X}} \times \vec{X}' \right]$$
$$+ |\vec{X}'| \left[ -T + T_{(10)} (\dot{\vec{B}} - \vec{\nabla} \times \vec{A})_{\perp} \cdot \dot{\vec{X}}_{\perp} + T_{(01)} \vec{\nabla} \cdot \vec{B} + \dots \right]$$

# Self-energy

- Integrate out bulk modes:

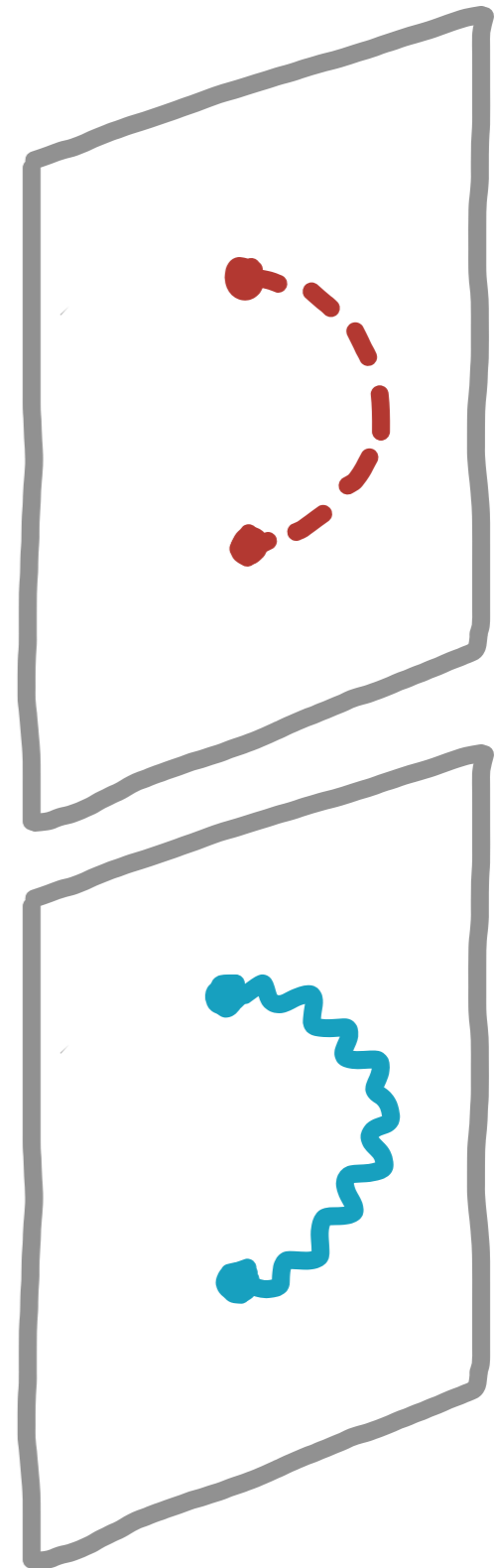
$$e^{iS_{\text{eff}}[X]} = \int \mathcal{D}A \mathcal{D}B e^{iS[X,A,B]}$$

- Self-energy of static straight vortex:

$$S_{\text{eff}}[X] = - \int dt d\sigma \frac{dE}{d\sigma}$$

- Energy / length:

$$\frac{dE}{d\sigma} = T + \frac{n^2 \lambda^2}{2} \int \frac{d^2 p_{\perp}}{(2\pi)^2 p_{\perp}^2} - \frac{T_{(01)}^2}{2c_s^2} \int \frac{d^2 p_{\perp}}{(2\pi)^2}$$



# Self-energy

- Integrate out bulk modes:

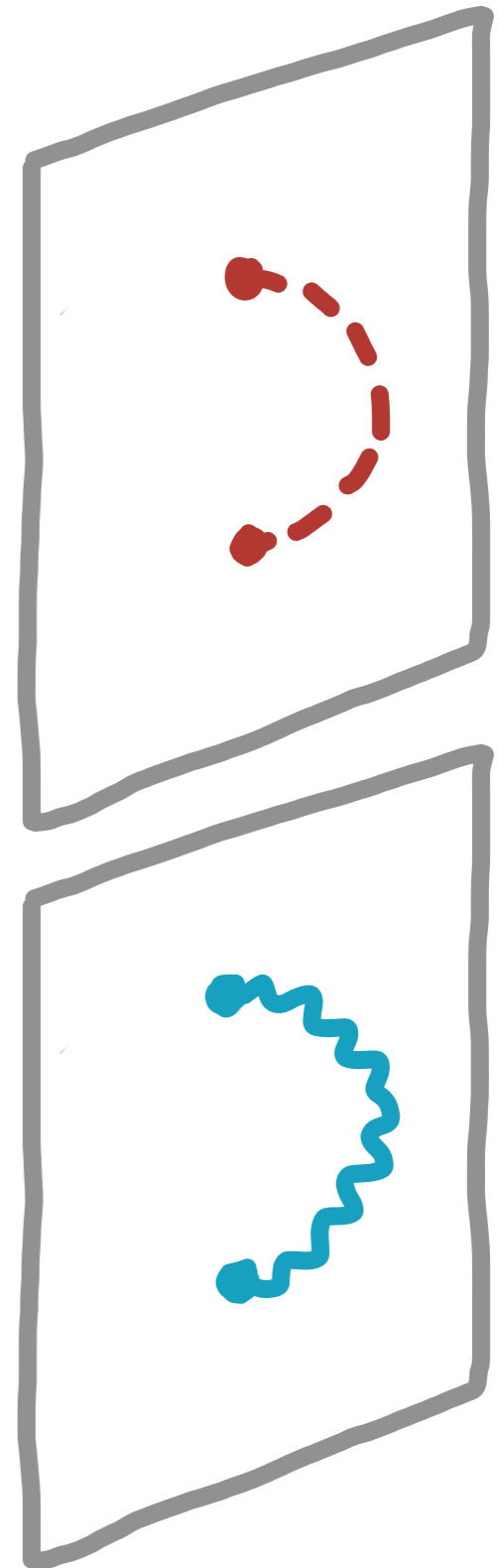
$$e^{iS_{\text{eff}}[X]} = \int \mathcal{D}A \mathcal{D}B e^{iS[X,A,B]}$$

- Self-energy of static straight vortex:

$$S_{\text{eff}}[X] = - \int dt d\sigma \frac{dE}{d\sigma}$$

- Energy / length:

$$\frac{dE}{d\sigma} = T - \frac{n^2 \lambda^2}{8\pi} \left[ \frac{2}{\varepsilon} + \gamma_E - \log 4\pi - 2 \log(\mu L) \right]$$



# Self-energy

- Integrate out bulk modes:

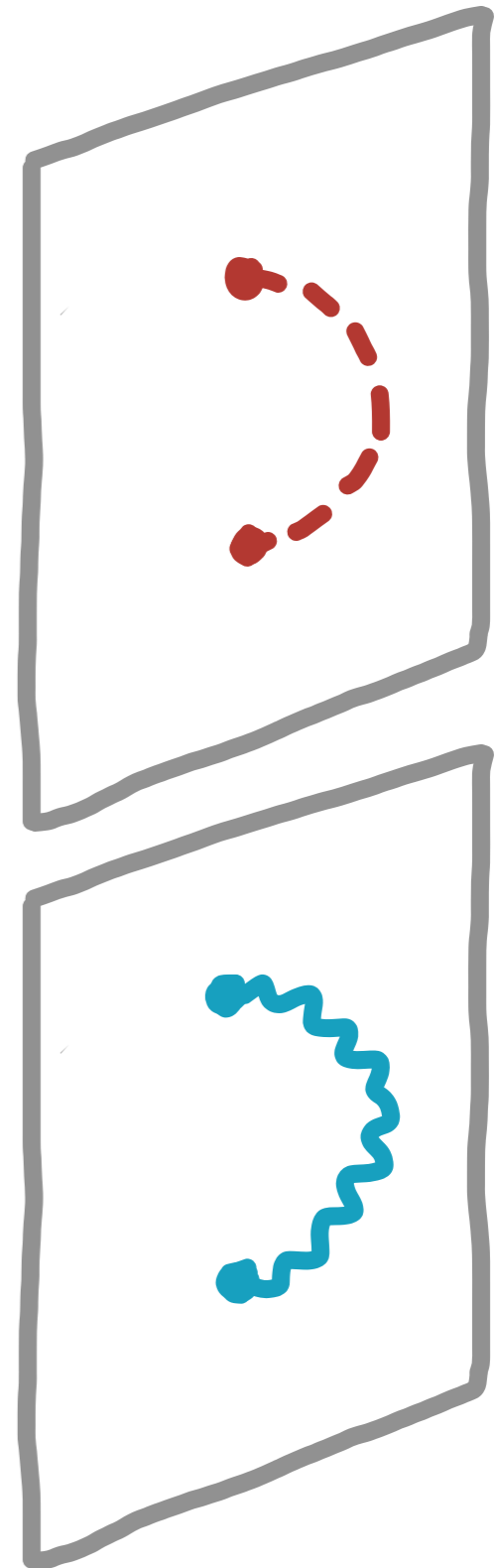
$$e^{iS_{\text{eff}}[X]} = \int \mathcal{D}A \mathcal{D}B e^{iS[X,A,B]}$$

- Self-energy of static straight vortex:

$$S_{\text{eff}}[X] = - \int dt d\sigma \frac{dE}{d\sigma}$$

- Energy / length:

$$\frac{dE}{d\sigma} = T(\mu) + \frac{n^2 \lambda^2}{4\pi} \log(\mu L)$$



# Self-energy

- Integrate out bulk modes:

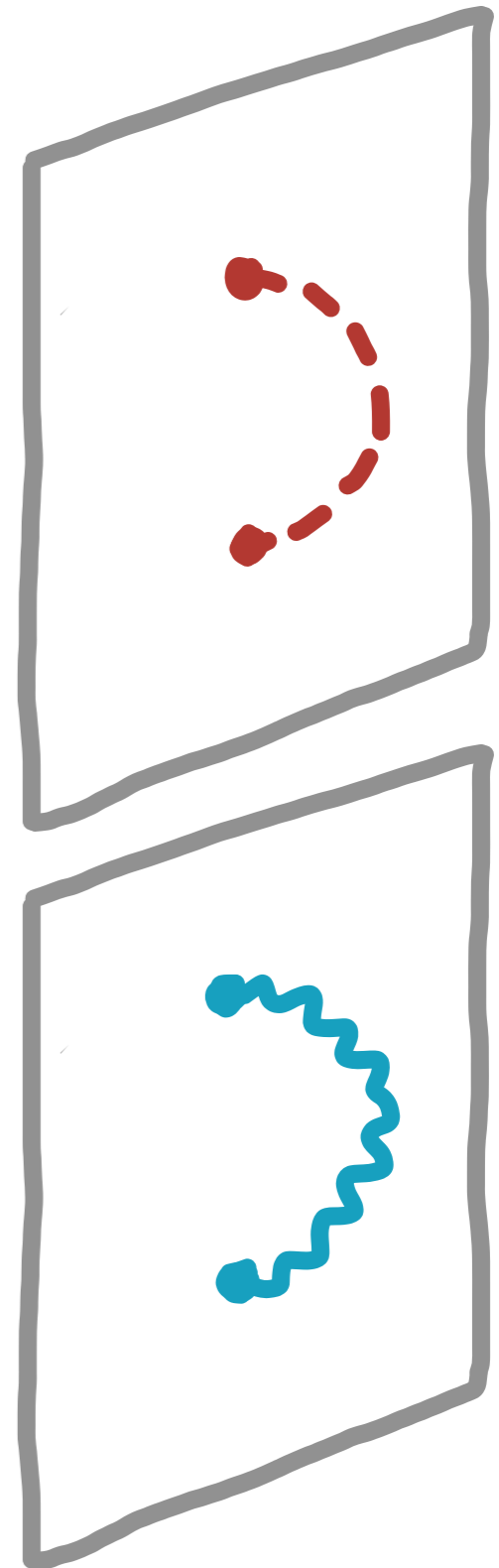
$$e^{iS_{\text{eff}}[X]} = \int \mathcal{D}A \mathcal{D}B e^{iS[X,A,B]}$$

- Self-energy of static straight vortex:

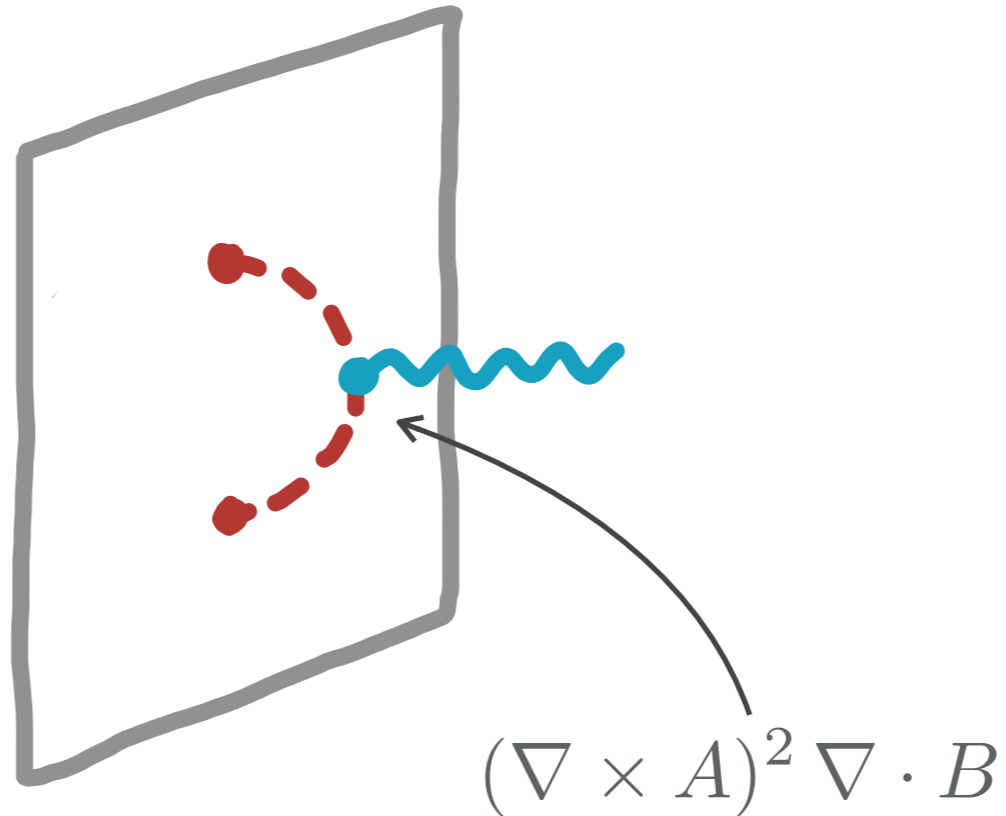
$$S_{\text{eff}}[X] = - \int dt d\sigma \frac{dE}{d\sigma}$$

- Energy / length:

$$\frac{dE}{d\sigma} = T(1/L)$$



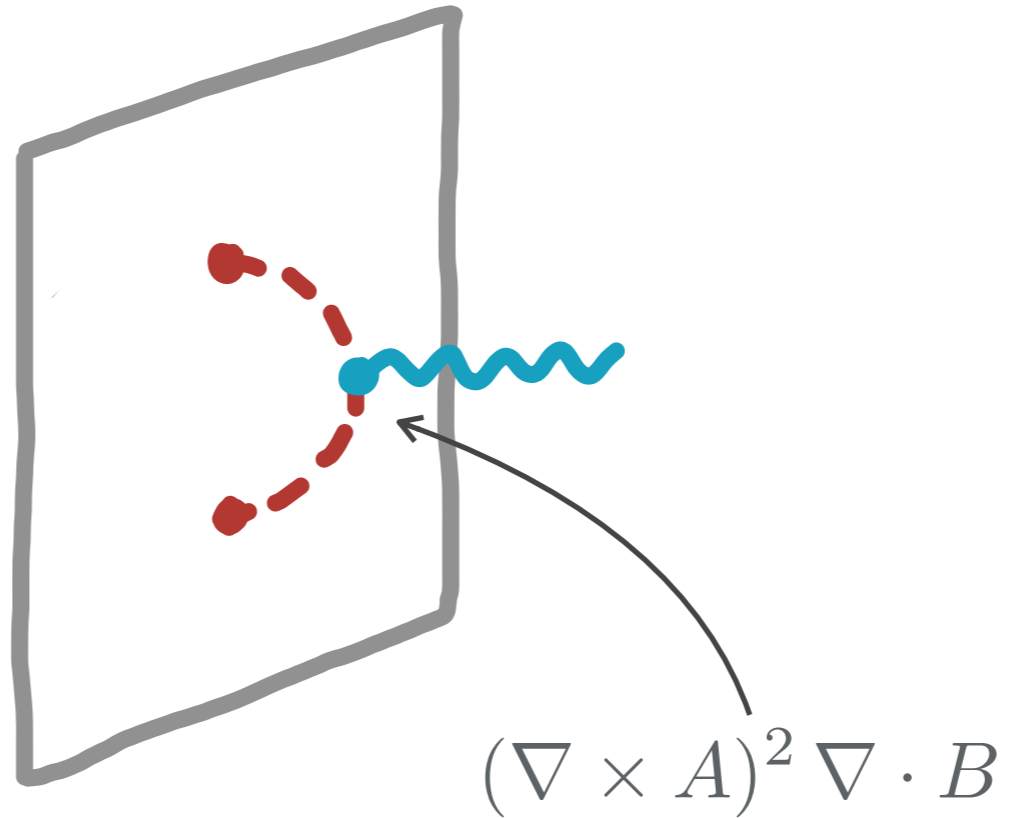
# Coupling to Phonons



$$S_{\text{eff}} \supset \int dt d\sigma |\vec{X}'| \left\{ T_{(01)} - \frac{n^2 \lambda^2}{8\pi} (1 - c_s^2) \left[ \frac{2}{\varepsilon} + \gamma_E - \log 4\pi - 2 \log(\mu/q_{\perp}) \right] \right\} \vec{\nabla} \cdot \vec{B}$$

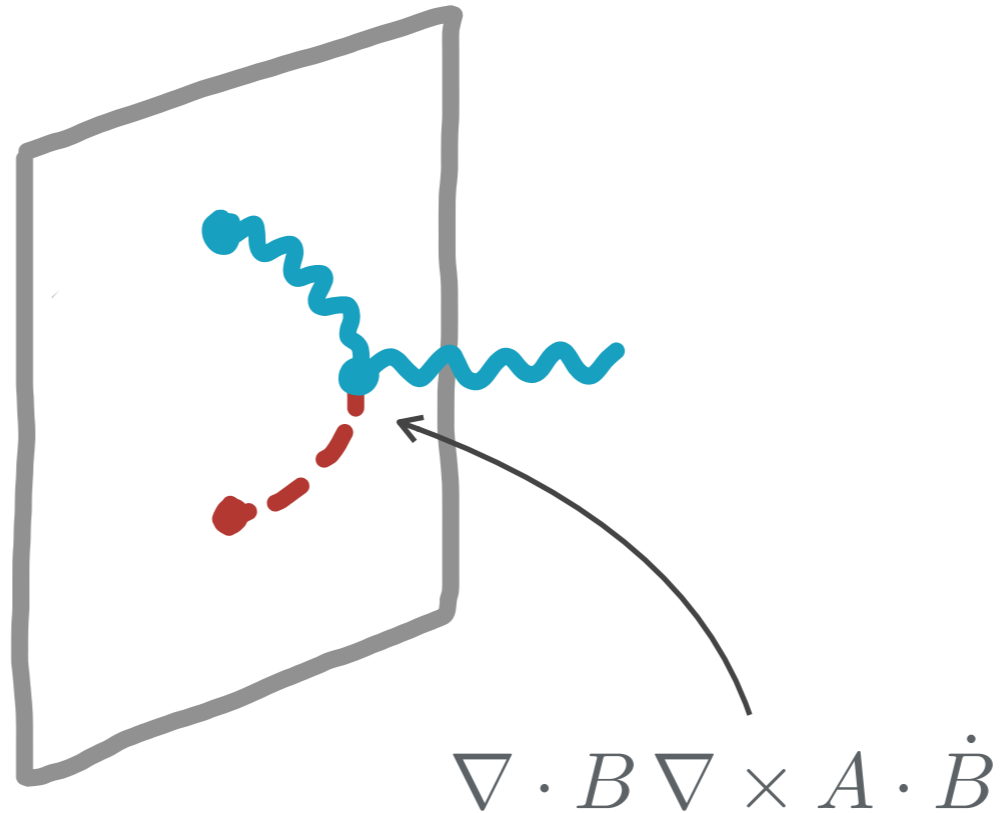


# Coupling to Phonons



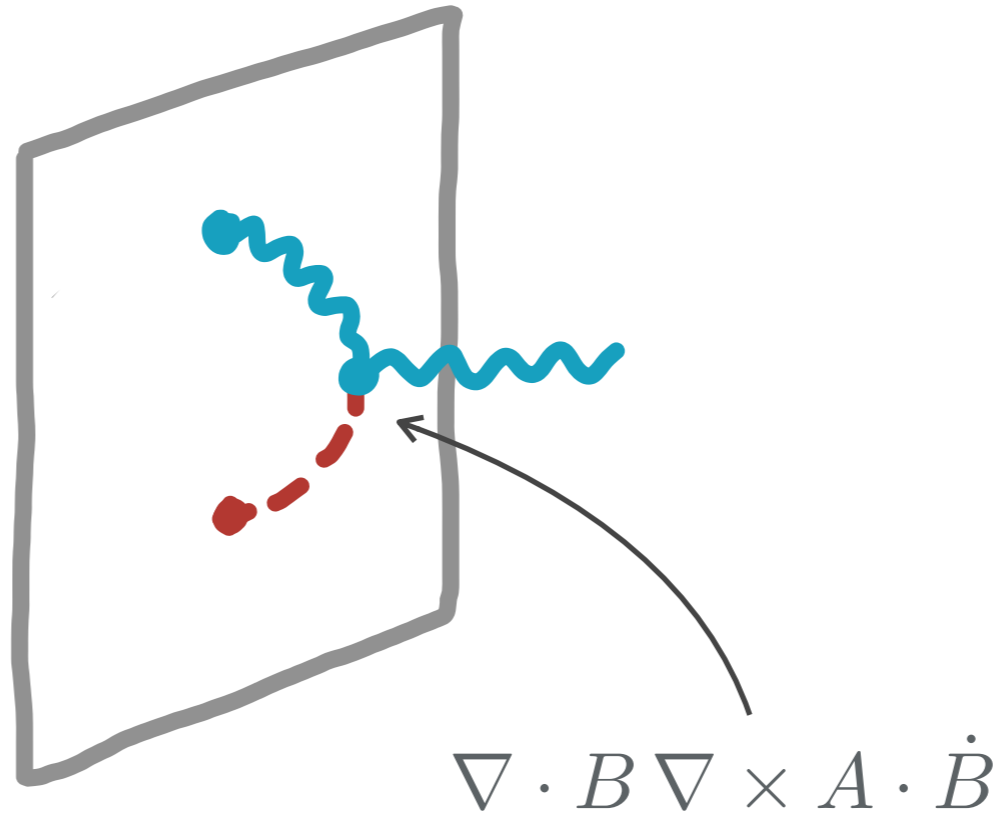
$$S_{\text{eff}} \supset \int dt d\sigma |\vec{X}'| \left\{ T_{(01)}(\mu) + \frac{n^2 \lambda^2}{8\pi} (1 - c_s^2) \log(\mu/q_{\perp}) \right\} \vec{\nabla} \cdot \vec{B}$$

# Coupling to Phonons



$$S_{\text{eff}} \supset \int dt d\sigma |\vec{X}'| \left\{ T_{(10)} + \frac{n^2 \lambda^2}{8\pi c_s^2} (1 - c_s^2) \left[ \frac{2}{\varepsilon} + \gamma_E - \log 4\pi - 2 \log(\mu/q_{\perp}) \right] \right\} (\dot{\vec{B}}_{\perp} \cdot \dot{\vec{X}}_{\perp})$$

# Coupling to Phonons



$$S_{\text{eff}} \supset \int dt d\sigma |\vec{X}'| \left\{ T_{(10)}(\mu) - \frac{n^2 \lambda^2}{4\pi c_s^2} (1 - c_s^2) \log(\mu/q_{\perp}) \right\} (\dot{\vec{B}}_{\perp} \cdot \dot{\vec{X}}_{\perp})$$

# Non-renormalization Theorem

$\lambda$

$$S \supset \int d\tau d\sigma \lambda A_{\mu\nu} \partial_\tau A^\mu \partial_\sigma A^\nu$$

# Non-renormalization Theorem

$\lambda$  is the only coupling on the worldsheet that does not run.  
In fact, it does not get renormalized at all.

$$S \supset \int d\tau d\sigma \lambda A_{\mu\nu} \partial_\tau A^\mu \partial_\sigma A^\nu$$

# Non-renormalization Theorem

$\lambda$  is the only coupling on the worldsheet that does not run. In fact, it does not get renormalized at all.

$$S \supset \int d\tau d\sigma \lambda A_{\mu\nu} \partial_\tau A^\mu \partial_\sigma A^\nu$$

**Hint:** from a UV perspective, we know that vortex lines have a quantized circulation, which implies that  $\lambda = \Gamma/n$  is quantized in units of  $2\pi$ .

# Non-renormalization Theorem

$\lambda$  is the only coupling on the worldsheet that does not run. In fact, it does not get renormalized at all.

$$S \supset \int d\tau d\sigma \lambda A_{\mu\nu} \partial_\tau A^\mu \partial_\sigma A^\nu$$

**Hint:** from a UV perspective, we know that vortex lines have a quantized circulation, which implies that  $\lambda = \Gamma/n$  is quantized in units of  $2\pi$ .

**Proof:** consider perturbations around straight line:  $\vec{X} = (\vec{\pi}, z)$

$$\mathcal{L}_\lambda = \frac{n}{2} \epsilon_{ab} \pi^b \partial_t \pi^a + \tilde{A}_z + \tilde{A}_a \partial_z \pi^a + \epsilon_{ba} \tilde{B}^b \partial_t \pi^a + \epsilon_{ab} \tilde{B}^z \partial_t \pi^a \partial_z \pi^b + \dots$$

# Main Message

We can describe the classical interaction of vortex lines with sound using just a local worldsheet action in which all but one coupling constants are running.



# Outline

1. Phonons

2. Vortex lines

3. Formal aspects

4. Applications

# Kelvin Waves

$$\vec{X} = (\vec{\pi}, z) \quad \rightarrow \quad \phi = \frac{1}{\sqrt{2}}(\pi_x + i\pi_y)$$

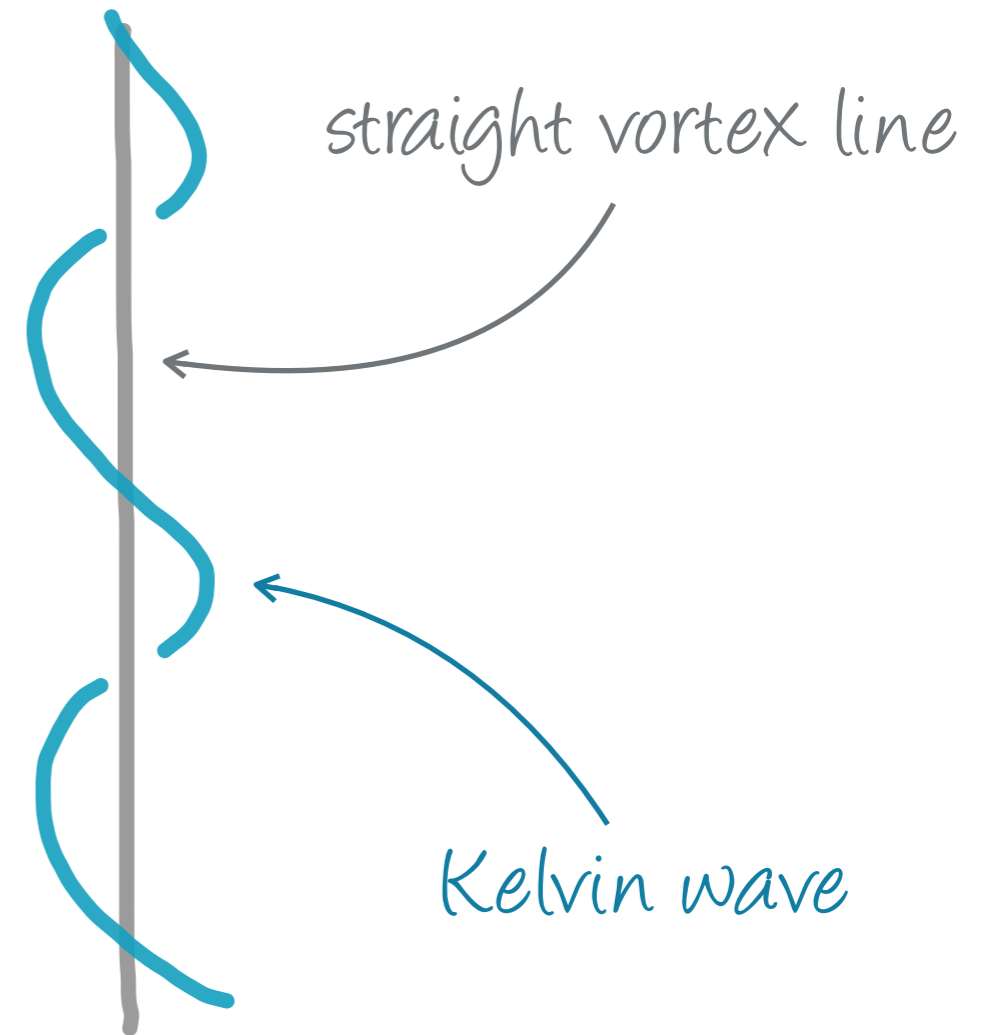
Effective Lagrangian:

$$\mathcal{L}_{\text{eff}} = i n \lambda \phi^* \partial_t \phi - T(k) \sqrt{1 + 2|\partial_z \phi|^2}$$

$$\text{with } T(k) = -\frac{n^2 \lambda^2}{4\pi} \log(k/\mu_0)$$

Look for wave solutions:

$$\phi(t, z) = R e^{-i\omega t + ikz}$$

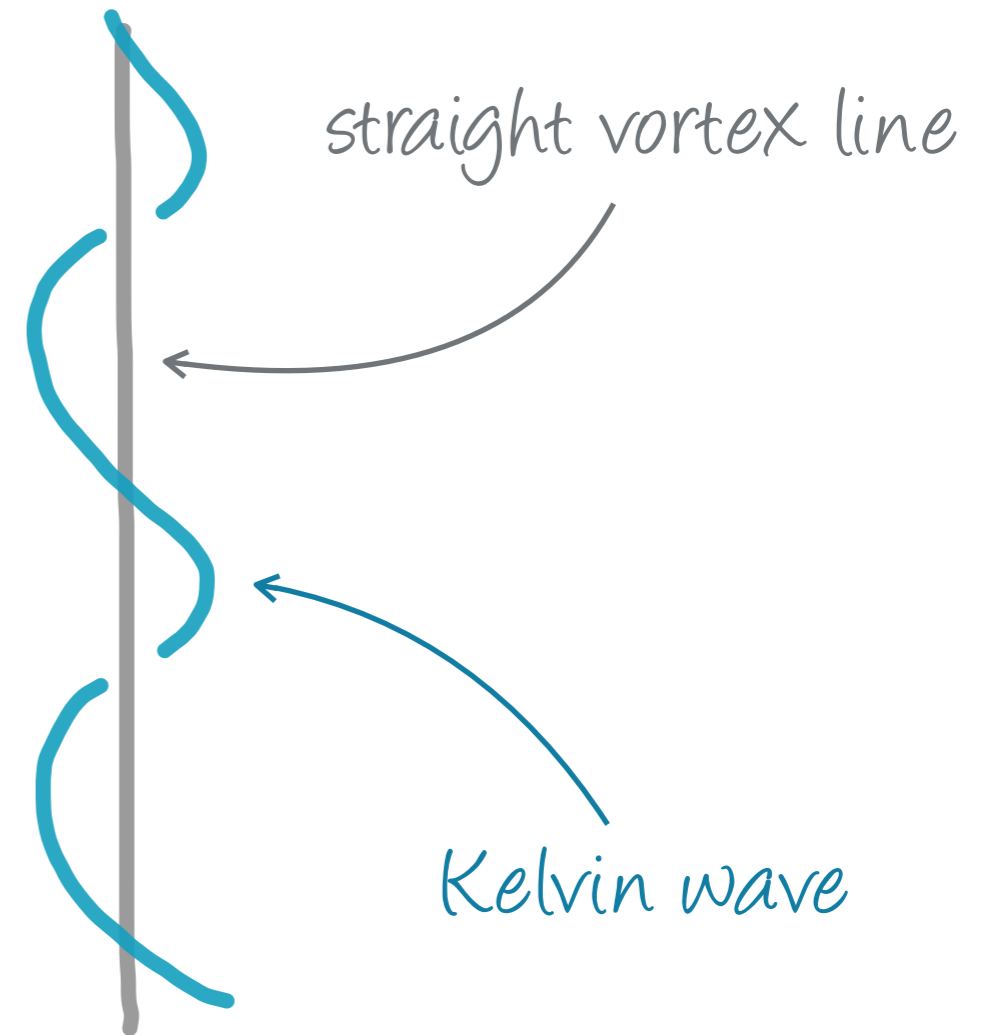


# Kelvin Waves

$$\mathcal{L}_{\text{eff}} = i n \lambda \phi^* \partial_t \phi - T(k) \sqrt{1 + 2|\partial_z \phi|^2}$$

$$Rk \ll 1$$

$$\omega = -\frac{n\lambda}{4\pi} k^2 \log(k/\mu_0)$$



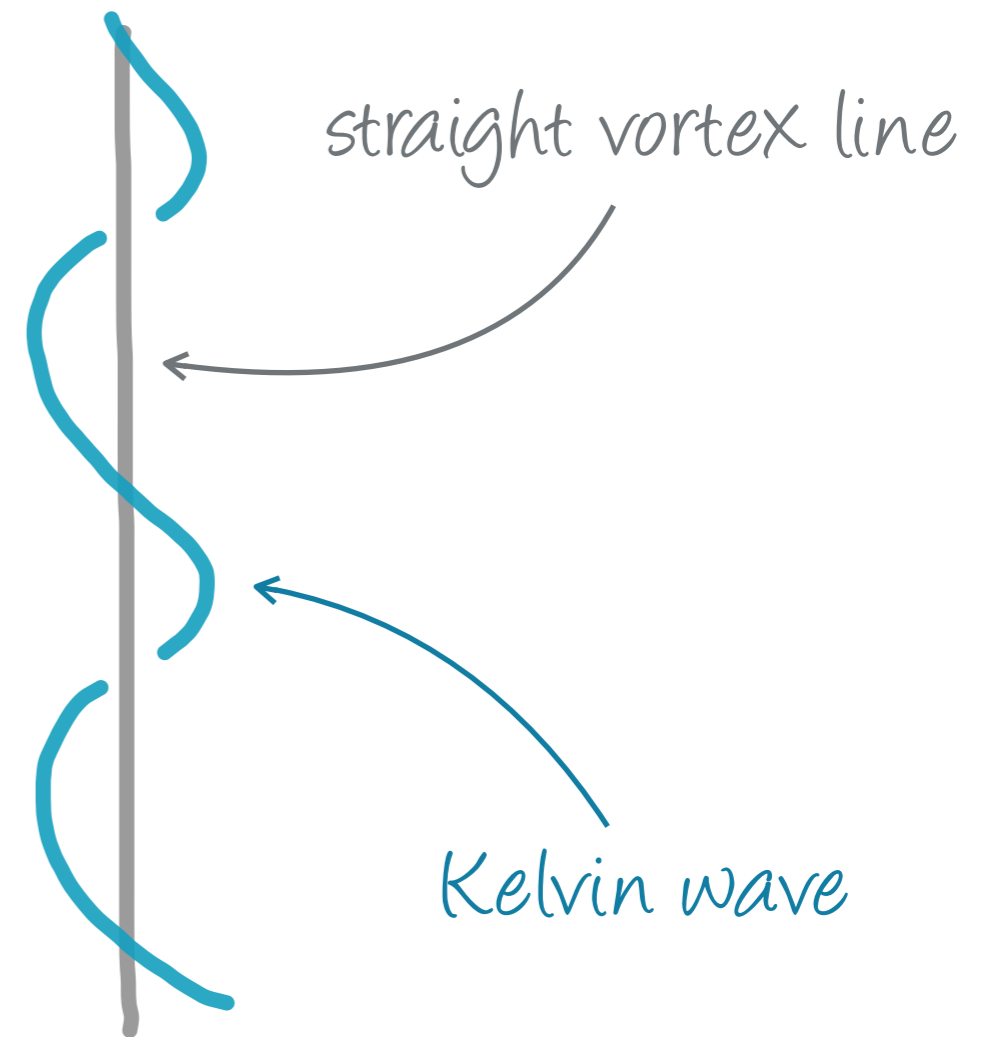
# Kelvin Waves

$$\mathcal{L}_{\text{eff}} = i n \lambda \phi^* \partial_t \phi - T(k) \sqrt{1 + 2|\partial_z \phi|^2}$$

Two regimes:

**1.** small amplitude:  $Rk \ll 1$

$$\omega = -\frac{n\lambda}{4\pi} k^2 \log(k/\mu_0)$$



# Kelvin Waves

$$\mathcal{L}_{\text{eff}} = i n \lambda \phi^* \partial_t \phi - T(k) \sqrt{1 + 2|\partial_z \phi|^2}$$

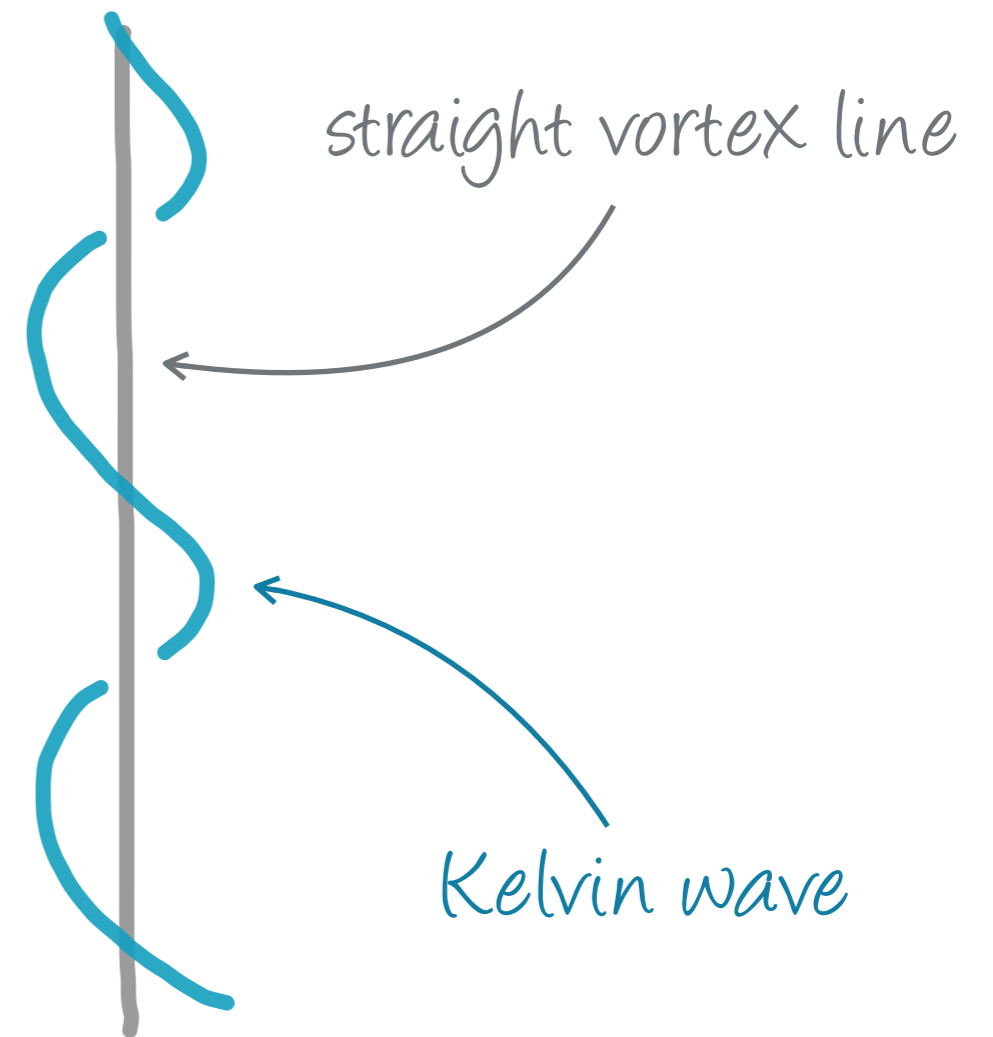
Two regimes:

**1.** small amplitude:  $Rk \ll 1$

$$\omega = -\frac{n\lambda}{4\pi} k^2 \log(k/\mu_0)$$

**2.** large amplitude:  $Rk \gg 1$

$$\omega = -\frac{n\lambda}{4\pi} \frac{k}{R} \log(k/\mu_0)$$



# Kelvin Waves

$$\mathcal{L}_{\text{eff}} = i n \lambda \phi^* \partial_t \phi - T(k) \sqrt{1 + 2|\partial_z \phi|^2}$$

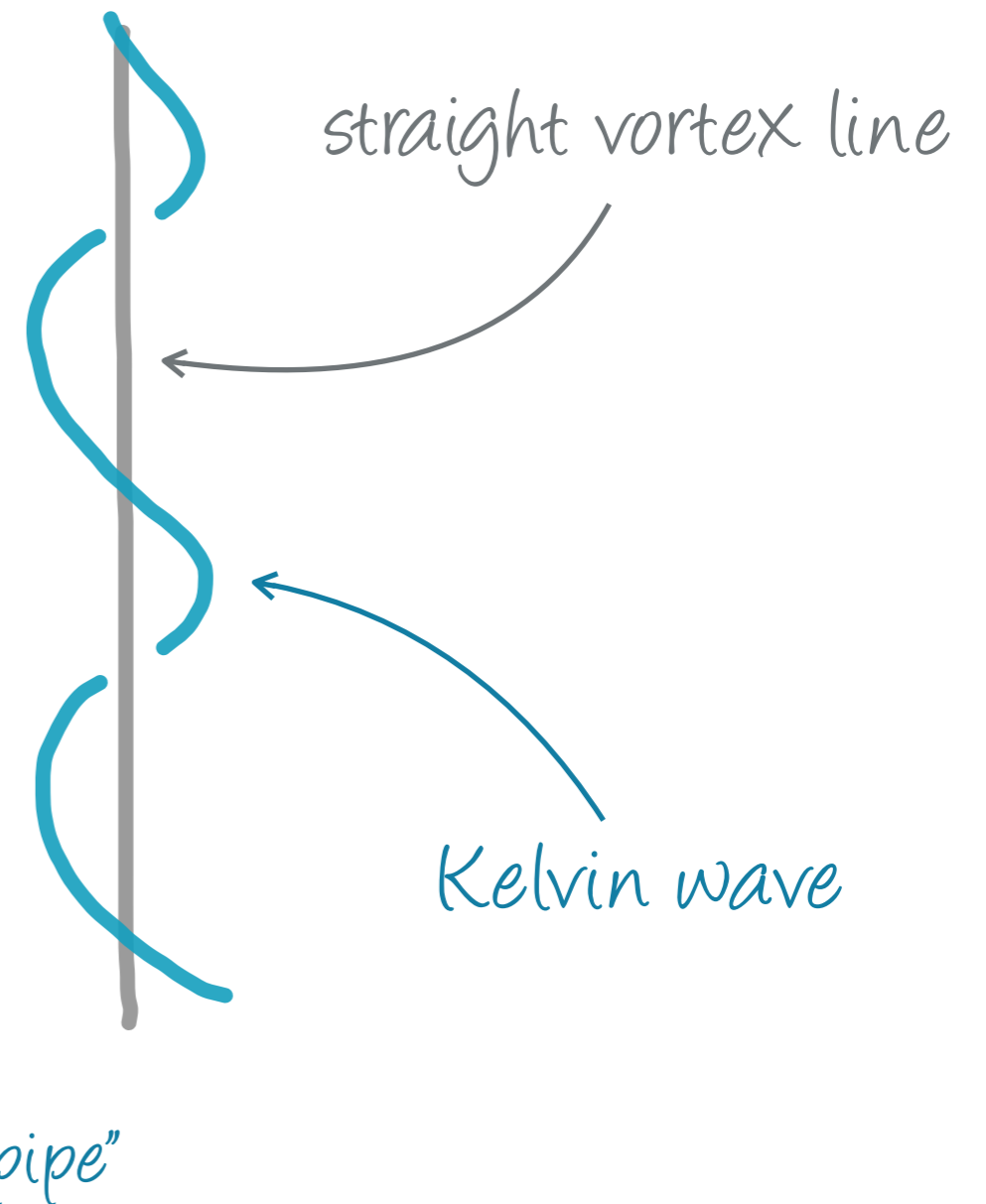
Two regimes:

**1.** small amplitude:  $Rk \ll 1$

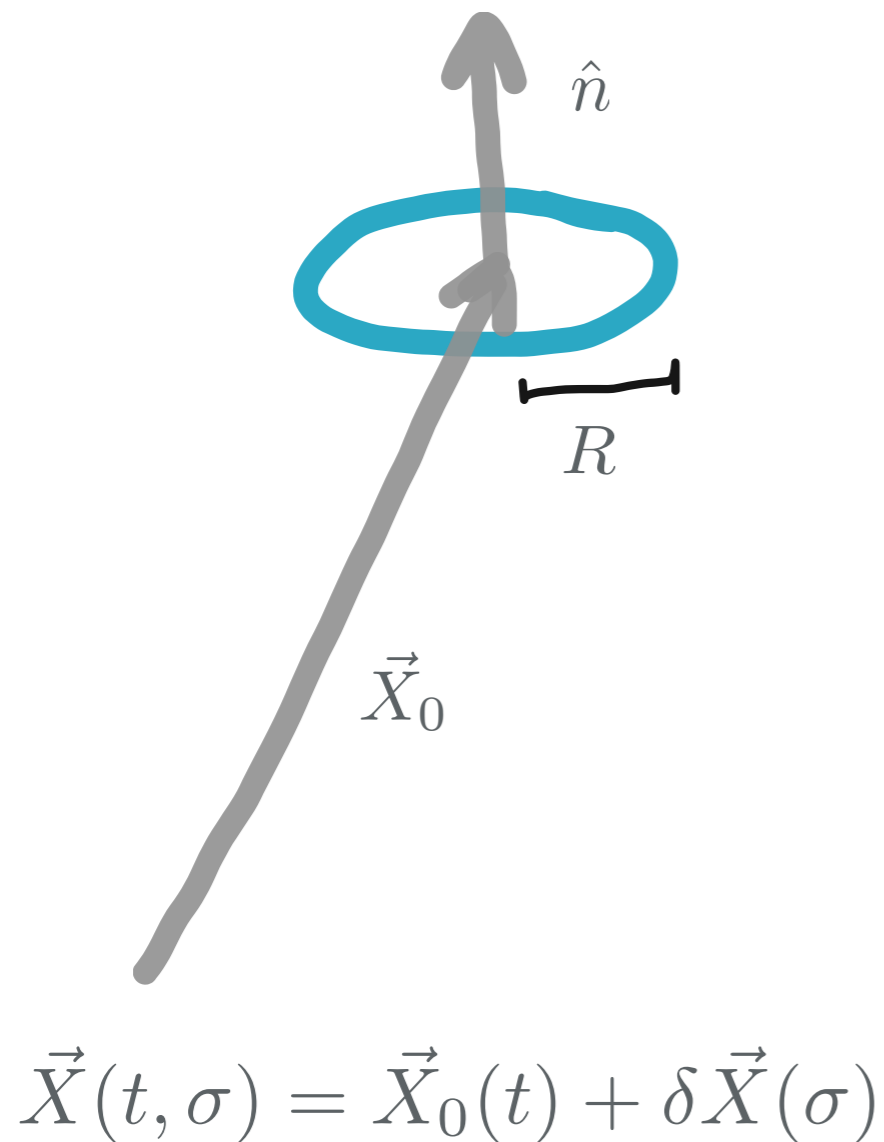
$$\omega = -\frac{n\lambda}{4\pi} k^2 \log(k/\mu_0)$$

**2.** large amplitude:  $Rk \gg 1$

$$\omega = -\frac{n\lambda}{4\pi} \frac{k}{R} \log(k/\mu_0)$$



# Vortex Rings



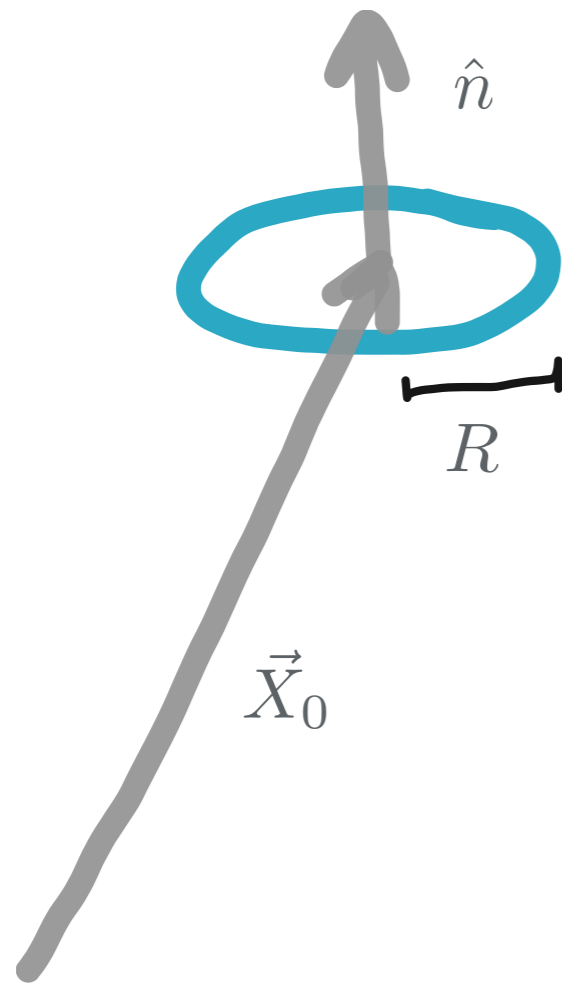
Effective Lagrangian (incompressible):

$$S_{\text{eff}} \simeq \int dt \left[ \lambda \bar{n} \pi R^2 \hat{n} \cdot \dot{\vec{X}}_0 - 2\pi R T (1/R) \right]$$

Equations of motion:

$$\left\{ \begin{array}{l} \partial_t \vec{X}_0^\perp = 0 \\ \partial_t (R^2 \hat{n}) = 0 \\ \hat{n} \cdot \partial_t \vec{X}_0 = f(R) \end{array} \right.$$

# Vortex Rings



Effective Lagrangian (incompressible):

$$S_{\text{eff}} \simeq \int dt \left[ \lambda \bar{n} \pi R^2 \hat{n} \cdot \dot{\vec{X}}_0 - 2\pi R T (1/R) \right]$$

Equations of motion:

$$\left\{ \begin{array}{l} \partial_t \vec{X}_0^\perp = 0 \\ \partial_t (R^2 \hat{n}) = 0 \\ \hat{n} \cdot \partial_t \vec{X}_0 = f(R) \end{array} \right.$$

$$\vec{X}(t, \sigma) = \vec{X}_0(t) + \delta \vec{X}(\sigma)$$

$$S_{\text{int}} = \bar{n} \lambda \pi R^2 \int dt \left\{ -\partial_t \vec{B} + \vec{\nabla} \times \vec{A} - \dot{\vec{X}}_0 (\vec{\nabla} \cdot \vec{B}) \right\} \cdot \hat{n} + \dots$$



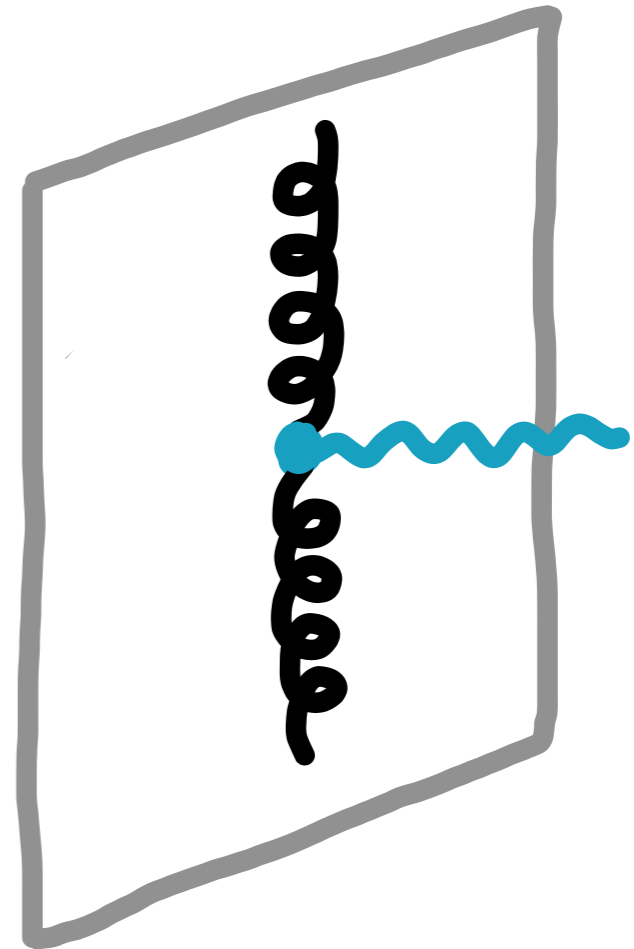
# Phonon Absorption

- Leading coupling:

$$S \supset \int dt dz n \lambda \epsilon_{ab} \pi^a \pi^b \partial_c B^c$$

- Cross-section:

$$\sigma \simeq \mathcal{N} \frac{\sin^4 \theta}{c_s^3} \frac{\omega^{5/2}}{\sqrt{\log(\omega/\omega_0)}}$$



# Concluding Remarks

- Our EFT applies also to ordinary **fluids**\*
- Applications outside CM: **neutron stars, dark matter, ...**
- Can we use what we have learned to better understand **rotons**?

\* terms and conditions may apply [ Endlich + Nicolis 13 ]

Thank you,

**Riccardo Penco**

Columbia University

[penco@phys.columbia.edu](mailto:penco@phys.columbia.edu)



